

Watch Me the Bold, New Motivational Attitude for Personal Success



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Reviews

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(Dorothy Daugherty)

WATCH ME THE BOLD, NEW MOTIVATIONAL ATTITUDE FOR PERSONAL SUCCESS



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By the Sea Books. Paperback. Book Condition: New. Paperback. 256 pages. Dimensions: 9.1in. x 6.1in. x 0.6in. Tired of Being Doubted, Put-down, or Told You're Just Not Good Enough This book is for you! Most of us can think of a time when our loved ones doubted us or never thought we would amount to anything extraordinary. The Watch Me! attitude is a journey into your inner most thoughts, feelings, and desires as well as a method to accomplish all you dream to be. By practicing these techniques daily, you will reach your goals and prove all your doubters wrong! But the Watch Me! attitude is not about achieving personal success with anger and revenge just the opposite it is an enlightening journey to discover your Best Self and Higher Purpose in Life through using helpful Motivational and Spiritual Psychological techniques which includes learning: Positive Self-Talk for Mood and Mind Control The Lessons of the 5 Ds to Achieve your Dreams Progressive Goal Setting in a Step-by-step Process Achieving Balance in all your Life Spheres A Sense of Spirituality to Reach your Higher Purpose Separate chapters are included for Couples, Parents, and Teens with advice on how to change a dysfunctional relationship, as well as how to raise children with these essential life skills. Reach your ultimate personal and business goals while enjoying an inspiring life full of success and happiness by living with the Watch Me! attitude. Riana Milne has a triple Masters Degree in Applied Clinical Psychology, and is a Licensed Professional Counselor and Drug and Alcohol Counselor with her own practice, Therapy by the Sea, LLC. She has also been a Student Assistance Counselor within various schools at all grade levels. Being an Inter-Faith Minister, Riana often uses Spiritual concepts added to her Motivational Therapy style to help...



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