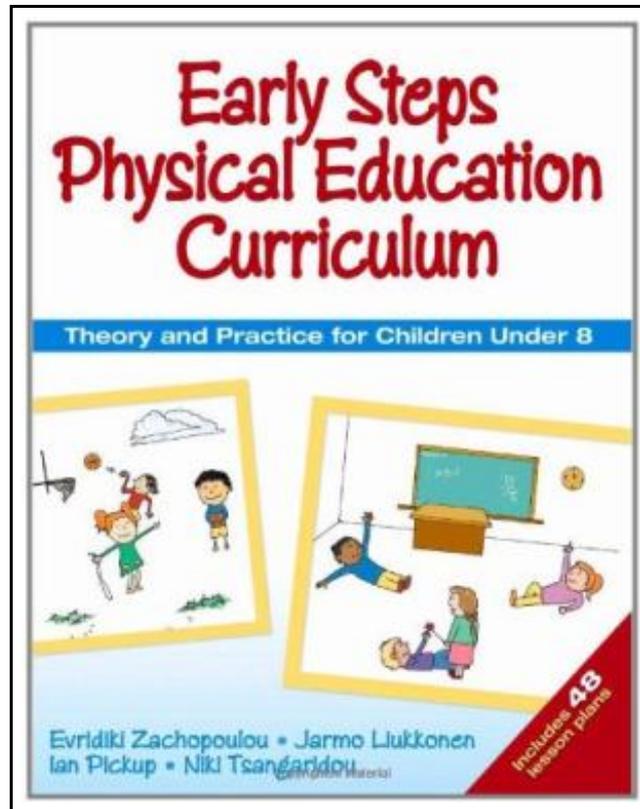


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Human Kinetics Publishers, 2009. Softcover. Book Condition: New. Children under the age of 8 "love" to move—be it run, hop, jump, wriggle, squiggle, skip, or tumble. Now, with "Early Steps Physical Education Curriculum: Theory and Practice for Children Under 8," you can turn that natural energy and enthusiasm into solid social learning and a lifelong love for healthy and active lifestyles. Four top educators from Scandinavia, Greece, Cyprus, and the United Kingdom help you understand ways to promote children's learning and enhance their intrinsic motivation to be physically active. The authors explore pertinent topics for teachers: - Child-centred teaching methods - Behavior of effective teachers - How to develop intrinsic motivation through physical education - Curriculum standards with goals and objectives describing what children have learned after lessons are implemented The authors also present the complete physical education curriculum, including 48 lesson plans, for children up to the age of 8. You receive social interaction lesson plans, healthy behavior lesson plans, and evaluation methods. Each lesson plan has specific goals and objective to be achieved, offers specific points of emphasis to consider as you implement the lesson, and comes with ideas for modifying it according to the children's needs. These ready-to-use lesson plans provide an instant framework for creating a new program or updating and fortifying your existing program. "Early Steps Physical Education Curriculum" offers a top-notch curriculum, well-researched information and instruction, and engaging and fun games that help children develop social skills and acquire a basic knowledge of what it means to be healthy and active as they continue to grow. It's a great resource for teachers, students, child-care professionals, and all those who work with preschool children or who train those who will work with preschoolers. Printed Pages: 223.

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